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HYPNOTIC APPROACHES IN CANCER AND PALLIATIVE CARE

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Hypnotic Approaches in Cancer and Palliative Care

This patient-centered and case-based eBook is intended for health care professionals who use—or may decide to use—clinical hypnosis in their professional work with cancer patients. With a personalized and flexible navigation system stimulating learning, it provides direct access to patients' experiences and to the comments and analyses of two specialists. Each case features an original full session video recording and a full transcript of the session of real patients experiencing hypnosis focused on self-regulation improvements, pain relief, palliation of symptoms, and hope enhancement in the face of advanced or terminal cancer illness. The reader is invited to use these recordings to examine and inform his/her own practice and is encouraged to do such examination in an active and alert learning state. He/she will find several ways of incorporating hypnotic modalities at several points of the illness trajectory and in different contexts of the treatment continuum. For example, hypnosis will be observed in settings such as busy oncology clinics and at bedside, as well as in the preparation and execution of medical and diagnostic procedures. Hypnotherapy addressing existential and spiritual issues will also be presented. This innovative eBook, by putting emphasis on clinical relevance, interactions, and skill acquisition through demonstration, provides a unique opportunity to identify hypnotic phenomena and to understand the necessary modifications of classical hypnotic strategies clinically relevant to illness progression and hospice care.

Sylvain Néron and Daniel Handel

Available in the **iBooks** and **iTunes Store** *

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